

**AQI of Islamabad (December , 2025)**

<b>Parameter</b>	<b>O<sub>3</sub></b> <b>(µg/m<sup>3</sup>)</b>	<b>CO</b> <b>(µg/m<sup>3</sup>)</b>	<b>NO<sub>2</sub></b> <b>(µg/m<sup>3</sup>)</b>	<b>PM<sub>2.5</sub></b> <b>(µg/m<sup>3</sup>)</b>
<b>NEQS Value</b>	<b>130</b> <b>(µg/m<sup>3</sup>)</b>	<b>5000</b> <b>(µg/m<sup>3</sup>)</b>	<b>80</b> <b>(µg/m<sup>3</sup>)</b>	<b>35</b> <b>(µg/m<sup>3</sup>)</b>
1/12/2025	32 (Good)	42 (Good)	31 (Good)	187 (Unhealthy)
2/12/2025	-	-	-	-
3/12/2025	34 (Good)	110 (UFGS)	31 (Good)	215 (Very Unhealthy)
4/12/2025	24 (Good)	47 (Good)	38 (Good)	226 (Very Unhealthy)
5/12/2025	33 (Good)	49 (Good)	37 (Good)	208 (Very Unhealthy)
6/12/2025	27 (Good)	46 (Good)	43 (Good)	226 (Very Unhealthy)
7/12/2025	30 (Good)	42 (Good)	27 (Good)	183 (Unhealthy)
8/12/2025	27 (Good)	49 (Good)	36 (Good)	194 (Unhealthy)
9/12/2025	23 (Good)	51 (Moderate)	40 (Good)	206 (Very Unhealthy)
10/12/2025	25 (Good)	47 (Good)	43 (Good)	207 (Very Unhealthy)
11/12/2025	25 (Good)	53 (Moderate)	47 (Good)	235 (Very Unhealthy)
12/12/2025	25 (Good)	48 (Good)	44 (Good)	231 (Very Unhealthy)
13-12-2025	21 (Good)	34 (Good)	33 (Good)	194 (Unhealthy)
14-12-2025	29 (Good)	33 (Good)	20 (Good)	173 (Unhealthy)
15-12-2025	24 (Good)	53 (Moderate)	20 (Good)	276 (Very Unhealthy)
16-12-2025	31 (Good)	50 (Moderate)	41 (Good)	213 (Very Unhealthy)
17-12-2025	24 (Good)	28 (Good)	47 (Good)	254 (Very Unhealthy)
18-12-2025	26 (Good)	58 (Moderate)	44 (Good)	262 (Very Unhealthy)
19-12-2025	30 (Good)	53 (Moderate)	49 (Good)	261 (Very Unhealthy)

20-12-2025	20 (Good)	41 (Good)	41 (Good)	226 (Very Unhealthy)
21-12-2025	20 (Good)	22 (Good)	22 (Good)	181 (Unhealthy)
22-12-2025	23 (Good)	23 (Good)	18 (Good)	154 (Unhealthy)
23-12-2025	27 (Good)	15 (Good)	18 (Good)	117 (UFGS)
24-12-2025	26 (Good)	25 (Good)	21 (Good)	152 (Unhealthy)
25-12-2025	27 (Good)	33 (Good)	24 (Good)	175 (Unhealthy)
26-12-2025	31 (Good)	37 (Good)	27 (Good)	180 (Unhealthy)
27-12-2025	42 (Good)	37 (Good)	37 (Good)	200 (Very Unhealthy)
28-12-2025	30 (Good)	28 (Good)	28 (Good)	185 (Unhealthy)
29-12-2025	22 (Good)	37 (Good)	46 (Good)	242 (Very Unhealthy)
30-12-2025	19 (Good)	27 (Good)	36 (Good)	212 (Very Unhealthy)
31-12-2024	18 (Good)	26 (Good)	30 (Good)	199 (Unhealthy)
Average	26 (Good)	42 (Good)	34 (Good)	199 (Unhealthy)