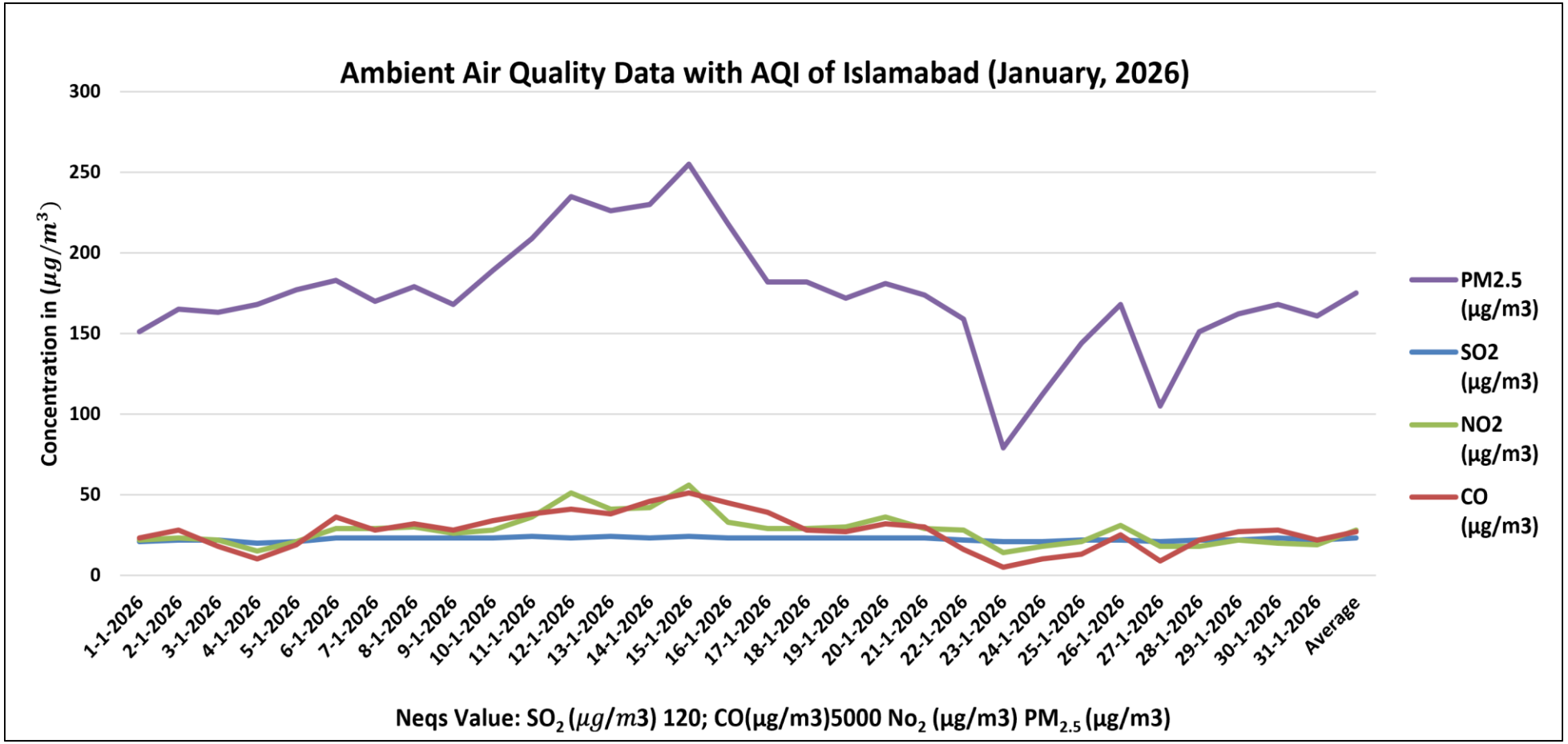
AQI of Islamabad (January, 2026)

Parameter	**SO_2 ($\mu g/m^3$)**	**CO ($\mu g/m^3$)**	**NO_2 ($\mu g/m^3$)**	**$PM_{2.5}$ ($\mu g/m^3$)**
NEQS Value	**120 *($\mu g/m^3$)***	**5000 *($\mu g/m^3$)***	***80 ($\mu g/m^3$)***	***35 ($\mu g/m^3$)***
1-1-2026	21 (Good)	23 (Good)	22 (Good)	151 (Unhealthy)
2-1-2026	22 (Good)	28 (Good)	23 (Good)	165 (Unhealthy)
3-1-2026	22 (Good)	18 (Good)	22 (Good)	163 (Unhealthy)
4-1-2026	20 (Good)	10 (Good)	15 (Good)	168 (Unhealthy)
5-1-2026	21 (Good)	19 (Good)	21 (Good)	177 (Unhealthy)
6-1-2026	23 (Good)	36 (Good)	29 (Good)	183 (Unhealthy)
7-1-2026	23 (Good)	28 (Good)	29 (Good)	170 (Unhealthy)
8-1-2026	23 (Good)	32 (Good)	30 (Good)	179 (Unhealthy)
9-1-2026	23 (Good)	28 (Good)	26 (Good)	168 (Unhealthy)
10-1-2026	23 (Good)	34 (Good)	28 (Good)	189 (Unhealthy)
11-1-2026	24 (Good)	38 (Good)	36 (Good)	209 (Very Unhealthy)
12-1-2026	23 (Good)	41 (Good)	51 (Moderate)	235 (Very Unhealthy)
13-1-2026	24 (Good)	38 (Good)	41 (Good)	226 (Very Unhealthy)
14-1-2026	23 (Good)	46 (Good)	42 (Good)	230 (Very Unhealthy)
15-1-2026	24 (Good)	51 (Moderate)	56 (Moderate)	255 (Very Unhealthy)
16-1-2026	23 (Good)	45 (Good)	33 (Good)	218 (Very Unhealthy)
17-1-2026	23 (Good)	39 (Good)	29 (Good)	182 (Unhealthy)
18-1-2026	23 (Good)	28 (Good)	29 (Good)	182 (Unhealthy)
19-1-2026	23 (Good)	27 (Good)	30 (Good)	172 (Unhealthy)

20-1-2026	23 (Good)	32 (Good)	36 (Good)	181 (Unhealthy)
21-1-2026	23 (Good)	30 (Good)	29 (Good)	174 (Unhealthy)
22-1-2026	22 (Good)	16 (Good)	28 (Good)	159 (Unhealthy)
23-1-2026	21 (Good)	5 (Good)	14 (Good)	79 (Moderate)
24-1-2026	21 (Good)	10 (Good)	18 (Good)	112 (UFSG)
25-1-2026	22 (Good)	13 (Good)	21 (Good)	144 (UFSG)
26-1-2026	22 (Good)	25 (Good)	31 (Good)	168 (Unhealthy)
27-1-2026	21 (Good)	9 (Good)	18 (Good)	105 (UFSG)
28-1-2026	22 (Good)	22 (Good)	18 (Good)	151 (Unhealthy)
29-1-2026	22 (Good)	27 (Good)	22 (Good)	162 (Unhealthy)
30-1-2026	23 (Good)	28 (Good)	20 (Good)	168 (Unhealthy)
31-1-2026	22 (Good)	22 (Good)	19 (Good)	161 (Unhealthy)
Average	23 (Good)	27 (Good)	28 (Good)	175 (Unhealthy)


Ambient Air Quality Data with AQI of Islamabad (January, 2026)
Concentration in ($\mu g/m^3$)
300
250
200
150
100
50
0
1-1-2026
2-1-2026
3-1-2026
4-1-2026
5-1-2026
6-1-2026
7-1-2026
8-1-2026
9-1-2026
10-1-2026
11-1-2026
12-1-2026
13-1-2026
14-1-2026
15-1-2026
16-1-2026
17-1-2026
18-1-2026
19-1-2026
20-1-2026
21-1-2026
22-1-2026
23-1-2026
24-1-2026
25-1-2026
26-1-2026
27-1-2026
28-1-2026
29-1-2026
30-1-2026
31-1-2026
Average
PM2.5 (µg/m3)
SO2 (µg/m3)
NO2 (µg/m3)
CO (µg/m3)
Neqs Value: SO_2 ($\mu g/m3$) 120; CO(µg/m3)5000 No_2 (µg/m3) $PM_{2.5}$ (µg/m3)