

### AQI of Islamabad (January, 2026)

| Parameter  | SO <sub>2</sub><br>(µg/m <sup>3</sup> ) | CO<br>(µg/m <sup>3</sup> )   | NO <sub>2</sub><br>(µg/m <sup>3</sup> ) | PM <sub>2.5</sub><br>(µg/m <sup>3</sup> ) |
|------------|---|------------------------------|---|---|
| NEQS Value | 120<br>(µg/m <sup>3</sup> )             | 5000<br>(µg/m <sup>3</sup> ) | 80<br>(µg/m <sup>3</sup> )              | 35<br>(µg/m <sup>3</sup> )                |
| 1-1-2026   | 21<br>(Good)                            | 23<br>(Good)                 | 22<br>(Good)                            | 151<br>( Unhealthy)                       |
| 2-1-2026   | 22<br>(Good)                            | 28<br>(Good)                 | 23<br>(Good)                            | 165<br>( Unhealthy)                       |
| 3-1-2026   | 22<br>(Good)                            | 18<br>(Good)                 | 22<br>(Good)                            | 163<br>( Unhealthy)                       |
| 4-1-2026   | 20<br>(Good)                            | 10<br>(Good)                 | 15<br>(Good)                            | 168<br>( Unhealthy)                       |
| 5-1-2026   | 21<br>(Good)                            | 19<br>(Good)                 | 21<br>(Good)                            | 177<br>( Unhealthy)                       |
| 6-1-2026   | 23<br>(Good)                            | 36<br>(Good)                 | 29<br>(Good)                            | 183<br>( Unhealthy)                       |
| 7-1-2026   | 23<br>(Good)                            | 28<br>(Good)                 | 29<br>(Good)                            | 170<br>( Unhealthy)                       |
| 8-1-2026   | 23<br>(Good)                            | 32<br>(Good)                 | 30<br>(Good)                            | 179<br>( Unhealthy)                       |
| 9-1-2026   | 23<br>(Good)                            | 28<br>(Good)                 | 26<br>(Good)                            | 168<br>( Unhealthy)                       |
| 10-1-2026  | 23<br>(Good)                            | 34<br>(Good)                 | 28<br>(Good)                            | 189<br>( Unhealthy)                       |
| 11-1-2026  | 24<br>(Good)                            | 38<br>(Good)                 | 36<br>(Good)                            | 209<br>(Very Unhealthy)                   |
| 12-1-2026  | 23<br>(Good)                            | 41<br>(Good)                 | 51<br>(Moderate)                        | 235<br>(Very Unhealthy)                   |
| 13-1-2026  | 24<br>(Good)                            | 38<br>(Good)                 | 41<br>(Good)                            | 226<br>(Very Unhealthy)                   |
| 14-1-2026  | 23<br>(Good)                            | 46<br>(Good)                 | 42<br>(Good)                            | 230<br>(Very Unhealthy)                   |
| 15-1-2026  | 24<br>(Good)                            | 51<br>(Moderate)             | 56<br>(Moderate)                        | 255<br>(Very Unhealthy)                   |
| 16-1-2026  | 23<br>(Good)                            | 45<br>(Good)                 | 33<br>(Good)                            | 218<br>(Very Unhealthy)                   |
| 17-1-2026  | 23<br>(Good)                            | 39<br>(Good)                 | 29<br>(Good)                            | 182<br>( Unhealthy)                       |
| 18-1-2026  | 23<br>(Good)                            | 28<br>(Good)                 | 29<br>(Good)                            | 182<br>( Unhealthy)                       |
| 19-1-2026  | 23<br>(Good)                            | 27<br>(Good)                 | 30<br>(Good)                            | 172<br>( Unhealthy)                       |

|           |              |              |              |                     |
|-----------|--------------|--------------|--------------|---------------------|
| 20-1-2026 | 23<br>(Good) | 32<br>(Good) | 36<br>(Good) | 181<br>( Unhealthy) |
| 21-1-2026 | 23<br>(Good) | 30<br>(Good) | 29<br>(Good) | 174<br>( Unhealthy) |
| 22-1-2026 | 22<br>(Good) | 16<br>(Good) | 28<br>(Good) | 159<br>( Unhealthy) |
| 23-1-2026 | 21<br>(Good) | 5<br>(Good)  | 14<br>(Good) | 79<br>(Moderate)    |
| 24-1-2026 | 21<br>(Good) | 10<br>(Good) | 18<br>(Good) | 112<br>( UFSG)      |
| 25-1-2026 | 22<br>(Good) | 13<br>(Good) | 21<br>(Good) | 144<br>( UFSG)      |
| 26-1-2026 | 22<br>(Good) | 25<br>(Good) | 31<br>(Good) | 168<br>( Unhealthy) |
| 27-1-2026 | 21<br>(Good) | 9<br>(Good)  | 18<br>(Good) | 105<br>( UFSG)      |
| 28-1-2026 | 22<br>(Good) | 22<br>(Good) | 18<br>(Good) | 151<br>( Unhealthy) |
| 29-1-2026 | 22<br>(Good) | 27<br>(Good) | 22<br>(Good) | 162<br>( Unhealthy) |
| 30-1-2026 | 23<br>(Good) | 28<br>(Good) | 20<br>(Good) | 168<br>( Unhealthy) |
| 31-1-2026 | 22<br>(Good) | 22<br>(Good) | 19<br>(Good) | 161<br>( Unhealthy) |
| Average   | 23<br>(Good) | 27<br>(Good) | 28<br>(Good) | 175<br>( Unhealthy) |