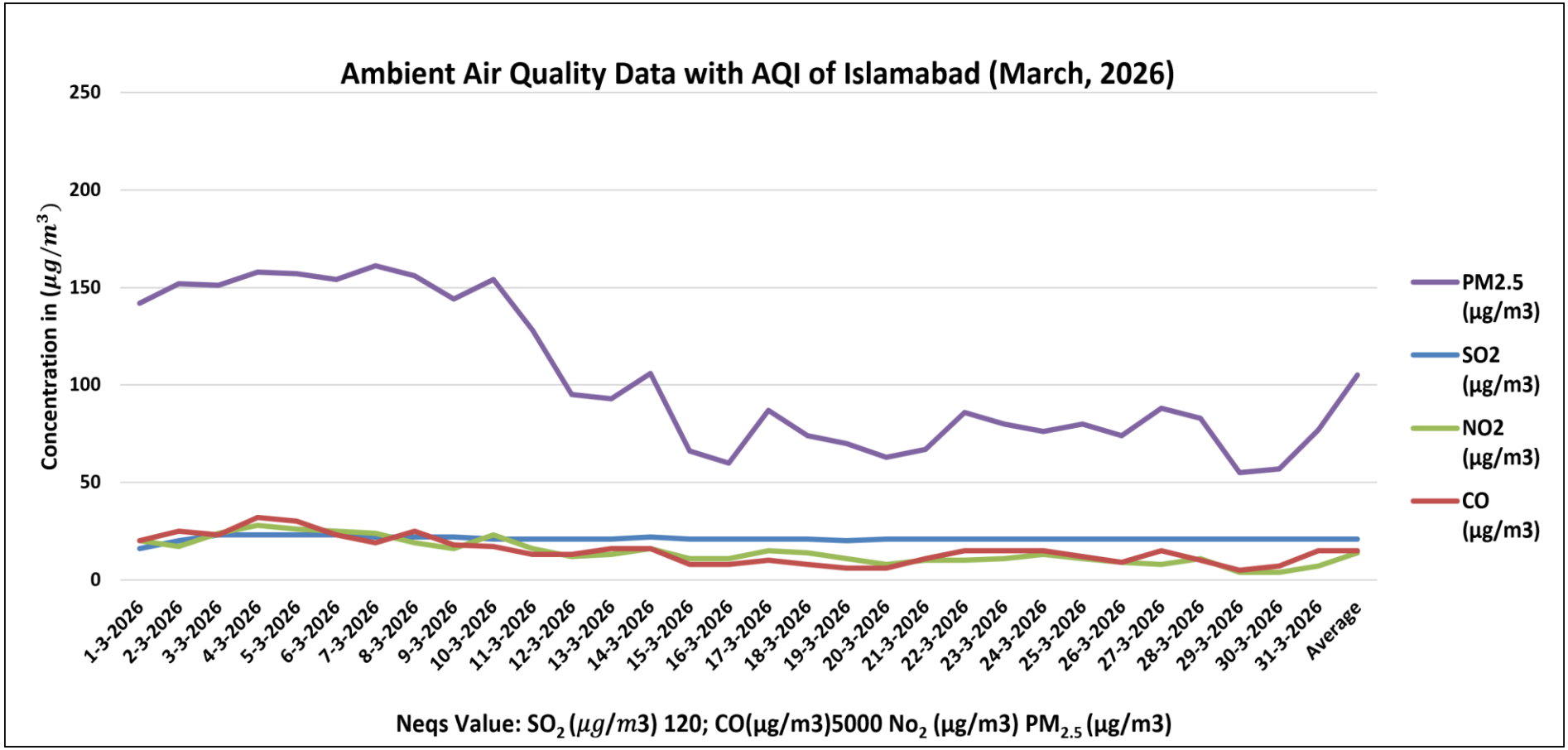
AQI of Islamabad (March, 2026)

Parameter	SO_2 ($\mu g/m^3$)	CO ($\mu g/m^3$)	NO_2 ($\mu g/m^3$)	$PM_{2.5}$ ($\mu g/m^3$)
NEQS Value	120 *($\mu g/m^3$)*	5000 *($\mu g/m^3$)*	*80 ($\mu g/m^3$)*	*35 ($\mu g/m^3$)*
1-3-2026	16 (Good)	20 (Good)	20 (Good)	142 (UFSG)
2-3-2026	20 (Good)	25 (Good)	17 (Good)	152 (Unhealthy)
3-3-2026	23 (Good)	23 (Good)	24 (Good)	151 (Unhealthy)
4-3-2026	23 (Good)	32 (Good)	28 (Good)	158 (Unhealthy)
5-3-2026	23 (Good)	30 (Good)	26 (Good)	157 (Unhealthy)
6-3-2026	23 (Good)	23 (Good)	25 (Good)	154 (Unhealthy)
7-3-2026	22 (Good)	19 (Good)	24 (Good)	161 (Unhealthy)
8-3-2026	22 (Good)	25 (Good)	19 (Good)	156 (Unhealthy)
9-3-2026	22 (Good)	18 (Good)	16 (Good)	144 (UFSG)
10-3-2026	21 (Good)	17 (Good)	23 (Good)	154 (Unhealthy)
11-3-2026	21 (Good)	13 (Good)	16 (Good)	128 (UFSG)
12-3-2026	21 (Good)	13 (Good)	12 (Good)	95 (Moderate)
13-3-2026	21 (Good)	16 (Good)	13 (Good)	93 (Moderate)
14-3-2026	22 (Good)	16 (Good)	16 (Good)	106 (UFSG)
15-3-2026	21 (Good)	8 (Good)	11 (Good)	66 (Moderate)
16-3-2026	21 (Good)	8 (Good)	11 (Good)	60 (Moderate)
17-3-2026	21 (Good)	10 (Good)	15 (Good)	87 (Moderate)

18-3-2026	**21 (Good)**	**8 (Good)**	**14 (Good)**	**74 (Moderate)**
19-3-2026	**20 (Good)**	**6 (Good)**	**11 (Good)**	**70 (Moderate)**
20-3-2026	**21 (Good)**	**6 (Good)**	**8 (Good)**	**63 (Moderate)**
21-3-2026	**21 (Good)**	**11 (Good)**	**10 (Good)**	**67 (Moderate)**
22-3-2026	**21 (Good)**	**15 (Good)**	**10 (Good)**	**86 (Moderate)**
23-3-2026	**21 (Good)**	**15 (Good)**	**11 (Good)**	**80 (Moderate)**
24-3-2026	**21 (Good)**	**15 (Good)**	**13 (Good)**	**76 (Moderate)**
25-3-2026	**21 (Good)**	**12 (Good)**	**11 (Good)**	**80 (Moderate)**
26-3-2026	**21 (Good)**	**9 (Good)**	**9 (Good)**	**74 (Moderate)**
27-3-2026	**21 (Good)**	**15 (Good)**	**8 (Good)**	**88 (Moderate)**
28-3-2026	**21 (Good)**	**10 (Good)**	**11 (Good)**	**83 (Moderate)**
29-3-2026	**21 (Good)**	**5 (Good)**	**4 (Good)**	**55 (Moderate)**
30-3-2026	**21 (Good)**	**7 (Good)**	**4 (Good)**	**57 (Moderate)**
31-3-2026	**21 (Good)**	**15 (Good)**	**7 (Good)**	**77 (Moderate)**
Average	**21 (Good)**	**15 (Good)**	**14 (Good)**	**105 (UFSG)**


Ambient Air Quality Data with AQI of Islamabad (March, 2026)
Concentration in ($\mu g/m^3$)
250
200
150
100
50
0
1-3-2026
2-3-2026
3-3-2026
4-3-2026
5-3-2026
6-3-2026
7-3-2026
8-3-2026
9-3-2026
10-3-2026
11-3-2026
12-3-2026
13-3-2026
14-3-2026
15-3-2026
16-3-2026
17-3-2026
18-3-2026
19-3-2026
20-3-2026
21-3-2026
22-3-2026
23-3-2026
24-3-2026
25-3-2026
26-3-2026
27-3-2026
28-3-2026
29-3-2026
30-3-2026
31-3-2026
Average
PM2.5 (µg/m3)
SO2 (µg/m3)
NO2 (µg/m3)
CO (µg/m3)
Neqs Value: SO_2 ($\mu g/m3$) 120; CO(µg/m3)5000 No_2 (µg/m3) $PM_{2.5}$ (µg/m3)